

Measuring Instructions for Women's Garments

BUST (1):

Measure around the fullest part of the bust, under the arms with your arms at resting position.

WAIST (2):

Measure over undergarments at the natural waistline (usually approximately 1cm above the navel).

LOWER WAIST (3):

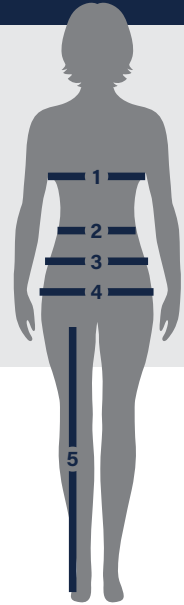
Measure over undergarment approximately 4cm below the natural waistline.

HIP (4):

Measure over undergarments at hips (usually the widest part and is approximately 25cm below the waistline).

IN-LEG (5):

Measure from crotch to floor, with shoes.



SHIRTS/JACKETS								
Size	S	M	L	XL	2XL	3XL	4XL	5XL
US/CAN Size	6	8	10	12	14	16	18	20
To fit body bust size (cm)	90	95	100	105	110	115	120	125
To fit body bust size (inches)	35.5	37.5	39.5	41.5	43.5	45.5	47.5	49

PANTS								
US/CAN Size	6	8	10	12	14	16	18	20
To fit body natural waist size (cm)	70	75	80	85	90	95	100	105
To fit body natural waist size (inches)	27.5	29.5	31.5	33.5	35.5	37.5	39.5	41.5
To fit body lower waist size (cm)	77	82	87	92	97	102	107	112
To fit body lower waist size (inches)	30.5	32.5	34.5	36	38	40	42	44
To fit body hip size (cm)	97	102	107	112	117	122	127	132
To fit body hip size (inches)	38	40	42	44	46	48	50	52
Garment in-leg length (cm)	79	82	84	84	84	84	84	84
Garment in-leg length 29.5"	✓	✓	✓	✓	✓	✓	✓	✓
Garment in-leg length 31.5"	✓	✓	✓	✓	✓	✓	✓	✓
Garment in-leg length 33.5"	✓	✓	✓	✓	✓	✓	✓	✓

COVERALLS								
Size	S	M	L	XL	2XL	3XL	4XL	5XL
US/CAN Size	6	8	10	12	14	16	18	20
To fit body bust size (cm)	90	95	100	105	110	115	120	125
To fit body bust size (inches)	35.5	37.5	39.5	41.5	43.5	45.5	47.5	49
To fit body natural waist size (cm)	70	75	80	85	90	95	100	105
To fit body natural waist size (inches)	27.5	29.5	31.5	33.5	35.5	37.5	39.5	41.5
To fit body hip size (cm)	97	102	107	112	117	122	127	132
To fit body hip size (inches)	38	40	42	44	46	48	50	52
Garment in-leg length (inches)	31	32	33	33	33	33	33	33